



Molkosan is prepared from **fresh, organic, Swiss alpine milk**. Fats, proteins and carbohydrates are removed by centrifugation and ultrafiltration and the resulting whey is then fermented using a **specific strain of Lactobacillus casei**.

### This unique lacto-fermented whey product:

- ✓ Supports the body's natural acid/alkaline balance
- ✓ Stimulates digestive enzymes to establish a proper digestive environment
- ✓ Promotes healthy intestinal flora
- ✓ Improves intestinal transit and reduces bloating
- ✓ Activates and regulates the metabolism
- Aids weight loss by reducing toxins in the body and regulating blood sugar levels (stabilizes insulin levels)
- ✓ Improves lactose tolerance
- ✓ Provides an excellent source of minerals such as potassium and calcium
- ✓ Is lactose, milk protein and GMO free

## What is in Molkosan Berry?

#### Aronia:

The aronia berry (also known as a chokeberry) is one of nature's most powerful antioxidants. In recent years, numerous studies with aronia extracts have proven this berry to have antioxidant and anti-inflammatory properties, as well as the ability to improve conditions associated with metabolic syndrome.

## Pomegranate:

There are various health benefits, one of them being a rich source of antioxidants, which helps fight against free radicals in the body.

In clinical studies Pomegranate juice has been proven to provide anti-oxidative, anti-inflammatory and anti-atherosclerotic properties.

#### Calcium:

Is known to help the formation and maintenance of bones and teeth.



Molkosan helps to keep the intestinal pH level in its normal range of 4.5 to 5.0.

# Did you know?

# High pH levels can create numerous health problems:

- Sleep disorders
- Alleraies
- Food intolerance
- · Fungus infections
- Joint and muscular disorders (including cramps)
- · High blood pressure
- Eczema and psoriasis
- Migraines
- · Uncontrolled weight gain
- Inflammation of the digestive tract
- All other diseases related to the assimilation of minerals.

