BPH and sexual dysfunction

**Sexual dysfunction is common from age 60 onwards**
Fifty percent of men between the ages of 60 and 69 can no longer achieve an erection or can achieve only a reduced erection (known as ED or erectile dysfunction.)
In the same age group, 49% state that they have no or only a reduced ejaculation.¹

**BPH = high risk of sexual dysfunction**
The main risk factor for erectile dysfunction is age followed by moderate or severe BPH symptoms – ahead of diabetes, high blood pressure and heart complaints.¹

**Sexual dysfunction during standard medical therapy**
The standard medical therapy for BPH can further exacerbate these sexual dysfunction. Up to 30% of patients taking alpha blockers have ejaculation disorders² and up to 38% of patients on 5-α-reductase inhibitors suffer from erectile dysfunction³. Men also repeatedly discontinue the standard therapy for BPH because of sexual dysfunction.⁴

A.Vogel Sabalasan® Prostate 1 not only improves the symptoms of BPH, but a new clinical study has also shown that brings an improvement in all areas of sexual dysfunction.⁵

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Results of the brief Sexual Function Inventory score (bSFI)¹
The bSFI comprises 11 questions in 5 areas.

In all areas of the bSFI test, a significant improvement was achieved after 8 weeks of treatment.

Sabalasan® Prostate 1 improves BPH symptoms

Improvement in IPSS (International Prostate Symptom Score)¹

The BPH symptoms decreased by half from 14.4 (= moderate symptoms) to 6.9 (= mild symptoms) after 8 weeks of treatment with A.Vogel Sabalasan® Prostate 1.

Sabalasan® Prostate 1 improves sexual dysfunction

Improvement in bSFI (brief Sexual Function Inventory) and Urolife BPH Quality of Life-9 total scores

Diagram 1: bSFI

Diagram 2: Urolife BPH QoL-9

The total score on the brief Sexual Function Inventory improved by 40% and the results of the Urolife Quality of Life Score by 35% after 8 weeks of treatment with A.Vogel Sabalasan® Prostate 1.

Therapeutic benefits for the user:
- Significant improvement in BPH symptoms
- Significant improvement in all areas of sexual dysfunction
- Significantly higher quality of life

Sabalasan® Prostate 1 well tolerated

Excellent tolerability

96.1% of patients and investigators rated the tolerability as “very good” or “good.”

97% of patients would prefer an herbal to a synthetic remedy with the same efficacy and tolerability.

Herbal remedies preferred

Sabalasan® Prostate 1 is also cost-effective

Comparison of daily cost of treatment in Canada, sildenafil (Viagra®) and saw palmetto extract (Sabalasan® Prostate 1)¹

<table>
<thead>
<tr>
<th>Saw palmetto extract 320 mg</th>
<th>$1</th>
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<tbody>
<tr>
<td>Sildenafil 100 mg</td>
<td>$15</td>
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</table>

Therapeutic benefits for the user:
- Comparable efficacy to standard medical therapy with outstanding tolerability
- The vast majority of men prefer herbal remedies
- Good compliance: only 1 capsule Sabalasan® Prostate 1 orally per day
- Economical, non-prescription, available from pharmacies