

If you're going to wake up at night, make sure it's for a good reason.



- Relieves frequent, painful urination
- Improves sexual dysfunction
- 1 capsule par jour



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A.Vogel

Pioneer in Natural Health - since 1923



1 in 2 men over 50 experience the symptoms of BPH- do you?

What is BPH?

Benign prostatic hyperplasia

"Prostatic hyperplasia" refers to enlargement of the prostate. "Benign" means non-malignant or **non-cancerous**.

But just because it's not malignant, doesn't mean it's easy to deal with.

What are the symptoms of BPH?

Although BPH can lurk unnoticed and produce no symptoms at all, men who have it usually show one or more of the following symptoms:

- Trouble getting urine to flow
- Weak and intermittent urine stream
- Frequent and sudden urges to urinate
- Frequent need to urinate at night
- Dribbling after urinating
- Incomplete voiding of the bladder after urinating
- Sexual dysfunction

What can you do?

A.Vogel's Prostate 1 Sabalasan.

- 100% natural
- 3,840 mg of organic saw palmetto fruit extract
- Minimum of 85% fatty acids

Saw palmetto fruit is a small berry the size of an olive. The fatty acids contained in the fruit help reduce or stabilize inflammation of prostate cells. To be effective, berries used in a remedy must contain the highest concentration of fatty acids.

To retain their high fatty acid content (minimum of 85%) and the product's effectiveness, the saw palmetto fruit A.Vogel chooses is processed within 24 hours of being picked.

What results can you expect?

With Prostate 1 Sabalasan, 80% to 88% of patients reported a reduction in BPH symptoms:

- Relieves frequent and urgent urination day and night
- Helps void the bladder completely
- Relieves sexual dysfunction caused by enlarged prostate or by other BPH medications

80-88% of patients

Overall symptom relief



Only one capsule per day of 3,200mg organic saw palmetto

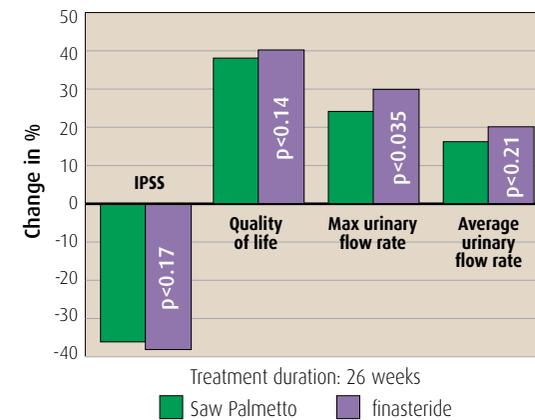


Sabalasan Prostate 1 is a natural health product registered with Health Canada under Natural Product Number (NPN) 80007195.

How does saw palmetto's effectiveness compare with that of pharmaceutical drugs for the treatment of BPH?

A six-month international clinical trial involving 1,098 patients with moderate BPH symptoms compared the effectiveness of saw palmetto to that of a popular pharmaceutical (finasteride 5 mg) in reducing symptoms. Both products led to a lower International Prostate Symptom Score (IPSS), improvement in quality of life and an increase in the maximum urine output with no statistically significant differences between the two products.

Fig.6 – Saw Palmetto 320 mg (n=553) vs. finasteride 5 mg (n=545)



A.Vogel's Prostate 1 Sabalasan

- Just as effective as conventional prescription medicine (finasteride) with no unpleasant side effects
- No ejaculatory problems or loss of sexual desire
- No contraindications with any prescription medications

fig 6 Carraro, J. C. et al. Comparison of phytotherapy (Permixon) with finasteride in the treatment of benign prostate hyperplasia: a randomized international study of 1,098 patients. Prostate 29, 231-240; discussion 241-232 (1996).



The only saw palmetto extract clinically proven to improve all areas of sexual dysfunction linked to BPH.

What can happen if BPH is left untreated?

In most cases, the unpleasant symptoms of BPH will increase over time. In other more serious cases, BPH can lead to bladder and kidney problems. It can also render you completely unable to urinate, thus requiring catheterization to drain the bladder or treatment, which may include surgery, to recover the ability to urinate normally.



For added benefits, you can also consider A.Vogel Stinging Nettle, a diuretic that helps flush the bladder and kidneys and prevent build-up of unwanted materials.

References: *Prostasin capsules in the treatment of BPH, Dr.med. Friedrich H.Degenring, Schweiz. Zschr.GanzheitsMedizin 1996; 8 (5): 236-241

If you have one or more symptoms, don't wait!

For information and a prostate test you can take with your pants on!

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