



• Note: the age at which a woman transitions and reaches menopause varies substantially. The same holds true for symptoms.

<sup>1</sup> Based on Stages of Reproductive Aging Workshop (STRAW), Park City UT, USA, July 2001, J Women's Health Gen Based Med. 2001 Nov; 10(9):843-8

<sup>2</sup> McKinley SM, Brambilla DJ, Posner JG. The normal menopause transition. Maturitas. 2008 Sep-Oct; 61(1-2):4-16